



HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

PRICES GOOD 10/01-10/26

OCTOBER SPECIALS

BULK GRAINS

100% Organic
Millet
Hulled

\$2.29
lb

Honey Mama's
Chocolate Fudge
Bar
Peanut Butter Cup
2.5 OZ

\$5.75



Kor
Supplement
Shot
Elderberry and Zinc
1.7 FL OZ

\$3.45



Lightlife Foods
Jumbo Smart
Dogs
13.5 OZ

\$6.69

Lightlife Foods
Organic Tempeh
Strips
Original
8 OZ

\$5.35



Field Roast
Plant-Based
Sausages
Smoked Apple
& Sage
12.95 OZ

\$8.29



Food For Life
Organic Ezekiel
4:9 Bread
Flax
24 OZ

\$7.75



Van's
International
Foods
Gluten Free
Waffles
Original
9 OZ

\$5.29

Woodstock
Organic Frozen
Tortelloni
Four Cheese
20 OZ

\$10.25



Annie's Homegrown
Organic Cheese
Puffs
Cheddar Cheesy
Smiles
4 OZ

\$4.59



Annie's Homegrown
Organic Bunny
Grahams
Honey
7.5 OZ

\$4.39



Annie's Homegrown
Macaroni &
Cheese
Shells & White Cheddar
6 OZ

\$2.35



Annie's
Homegrown
Deluxe Mac
& Cheese
Shells
Creamy Cheddar
11.3 OZ

\$4.39

Annie's Homegrown
Organic Snack
Mix
Cheddar
9 OZ

\$5.59



Birch Benders
Organic Pancake
& Waffle Mix
Buttermilk
16 OZ

\$5.39



SAVE 10% ON NON-SALE ITEMS WITH PURCHASES OVER \$30 EVERYDAY!



Bob's Red Mill
Organic Rolled
Oats
Extra Thick
32 OZ

\$5.59

Bob's Red Mill
Coconut Spice
Granola
11 OZ

\$4.25



Edward & Sons
Organic
Mashed
Potatoes
Homestyle
3.5 OZ

\$2.89



Epic
Uncured Bacon
Bar
Pork + Maple
1.5 OZ

\$2.89



Kettle Brand
Potato Chips
Sour Cream &
Onion
5 OZ

\$4.09



Kettle Brand
Potato Chips
Sea Salt
5 OZ

\$4.09



Late July Snacks
Tortilla Chips
Nacho Cheese
6 OZ

\$4.65



Late July Snacks
Organic
Multigrain
Tortilla Chips
Sea Salt & Lime
10.1 OZ

\$4.65



Near East
Couscous
Herbed Chicken
5.7 OZ

\$2.99



Popcorners
Popped Corn
Chips
Sea Salt
5 OZ

\$4.09



Pretzel Crisps
Pretzel Crisps
Everything
7.2 OZ

\$3.85



Thai Kitchen
Organic
Coconut Milk
Unsweetened
13.66 FL OZ

\$4.39

Tinkyada
Organic Pasta
Brown Rice Spiral
12 OZ

\$4.89



Desert Essence
Dental Floss
Tea Tree
50 YD

\$4.35

Desert Essence
Whitening Plus
Toothpaste
Cool Mint
6.25 OZ

\$5.95

