



HEALTHWAYS II

67-1185 Mamelahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

Prices Good 3/02 - 3/29

MARCH SPECIALS



BULK DRIED FRUIT
Organic Coconut
Medium Shredded

\$5.75
lb



Bulk Seeds
Organic
Pumpkin Seeds
CHINESE

\$6.99
lb

Nancy's
Organic Whole Milk
Probiotic Yogurt
Plain
32 FL OZ



\$7.79
lb

Perfect Bar
Organic Protein
Bar
Dark Chocolate
Peanut Butter
2.3 OZ



\$3.65



Food For Life
Organic
Ezekiel 4:9
Bread
Sesame
24 OZ

\$7.45



Stahlbush Island Farms
Frozen Fruit
Blueberries
10 OZ

\$6.29



Stahlbush Island Farms
Frozen Fruit
Strawberries
10 OZ

\$6.39



Stahlbush Island Farms
Frozen
Vegetables
Green Peas
10 OZ

\$4.29



Stahlbush Island Farms
Frozen
Vegetables
Super Sweet
Corn
10 OZ

\$4.29



Woodstock
Organic Frozen
Fruit
Mangos
10 OZ

\$4.69

Amy & Brian
Coconut Water
Original
17.5 FL OZ



\$2.75

Birch Benders
Organic Pancake
& Waffle Mix
Buttermilk
16 OZ



\$5.59

Bob's Red Mill
Steel Cut Oats
24 OZ



\$3.49

Cafe Altura
Organic Instant
Coffee
Medium Roast
3.53 OZ



\$11.85



Celestial Seasonings
Herbal Tea
Sleepytime
20 BAG

\$4.29

RECEIVE 10% OFF NON-SALE ITEMS WITH PURCHASES OVER \$30 EVERYDAY!



Crofters
Organic Just
Fruit Spread
Strawberry
10 OZ

\$4.59



Epic
Baked Pork
Rinds
Pink Himalayan &
Sea Salt
2.5 OZ

\$3.55



High Brew Coffee
Cold-Brew
Coffee
Creamy Cappuccino
+ Protein
8 FL OZ

\$2.39



Imagine Foods
Organic Chicken
Broth
Free Range Low
Sodium
32 FL OZ

\$4.65



Kettle Brand
Potato Chips
Sea Salt
5 OZ

\$3.99



Kettle Brand
Garlic
Parmesan
Chips
5 OZ

\$3.99



Larabar
Nutritional Bar
Chocolate Chip
Brownie
1.6 OZ

\$1.45
ea



Late July Snacks
Organic
Multigrain
Tortilla Chips
Sea Salt & Lime
10.1 OZ

\$4.59



Spectrum Naturals
Organic Olive Oil
Extra Virgin
25.4 FL OZ

\$23.75



Spectrum Naturals
Organic
Coconut Oil
Refined
14 FL OZ

\$9.29

Tasty Bite
Chili & Rice
Bowl
8.8 OZ

\$4.79



Terra Chips
Vegetable
Chips
Exotic Potato
5.5 OZ

\$4.65



Terra Chips
Vegetable
Chips
Taro
5 OZ

\$5.89



Aura Cacia
Essential Oil
Relaxing Lavender
.5 FL OZ

\$9.49



Method
All-Purpose
Cleaner
Ginger Yuzu
28 FL OZ

\$5.49