



HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

PRICES GOOD 9/01-9/28

SEPTEMBER SPECIALS



**Golden Temple
Granola**
Natural Granola
French Vanilla
Almond

\$4.35
lb



**Bulk Seeds
Organic
Pumpkin Seeds**
Chinese

\$5.55
lb

**Canyon Bakehouse
Gluten Free Bread**
Mountain White
18 OZ



\$8.25



**Cascadian Farm
Organic Frozen
Blueberries**
8 OZ

\$5.29



**Cascadian Farm
Organic
Frozen
Strawberries**
10 OZ

\$5.29



**Cascadian Farm
Organic
Frozen
Potatoes
Crinkle Cut
French Fries**
16 OZ

\$5.69

**Rudi's Rocky Mountain
Bakery**
Organic Bread
Rocky Mountain
Sourdough
22 OZ



\$6.09



**Annie's Homegrown
Organic
Macaroni &
Cheese**
Shells & Real
Aged Cheddar
6 OZ

\$4.09

**Arrowhead Mills
Multigrain
P-Cake
Mix**
22 OZ



\$6.39



**Bob's Red Mill
Bob's Bar**
Peanut Butter
Chocolate &
Oats
1.76 OZ

\$1.39

**Cascadian Farm
Organic Cereal**
Raisin Bran
12 OZ



\$5.85



**Celestial
Seasonings
Herbal Tea**
Chamomile
20 BAG

\$4.09

**Celestial
Seasonings
Herbal Tea**
Roastaroma
20 BAG



\$4.09



**Larabar
Nutritional
Bar**
Coconut Cream
1.7 OZ

\$1.45

**Muir Glen
Organic
Tomato
Sauce**
Regular
15 OZ



\$2.89

SAVE 10% ON NON-SALE ITEMS WITH PURCHASES OVER \$30 EVERYDAY



Muir Glen
Organic Pasta
Sauce
Tomato Basil
23.5 FL OZ

\$4.65



Panda Licorice
Soft Black
Licorice
Original
7 OZ

\$3.49

Popcorners
White
Cheddar
Popcorn
Chips
5 OZ

\$3.85



Primal Kitchen
Avocado Oil
Vinaigrette &
Marinade
Sesame Ginger
8 FL OZ

\$7.55



Spectrum Naturals
Organic
Olive Oil
Extra Virgin
25.4 FL OZ

\$17.99



Rxbar
Protein Bar
Peanut Butter
Chocolate
1.83 OZ

\$2.35



Terra Chips
Vegetable
Chips
Taro
5 OZ

\$5.89



Theo Chocolate
Organic Dark
Chocolate Bar
85% Pure
3 OZ

\$5.49



**Bulldog Natural
Skincare**
Men's Shave
Gel
Original
5.9 FL OZ

\$6.69



Bach
Stress Rescue
Remedy
Kids
10 ML

\$14.85



Bach
Rescue Remedy
Natural Stress Relief
10 ML

\$14.85



Hyland's
Baby Tiny Cold
Tablets
125 TAB

\$11.89



Yerba Prima
Psyllium
Husks Caps
180 CAP

\$13.09



Yerba Prima
Psyllium
Whole Husks
Colon Cleanser
12 OZ

\$13.09



Yerba Prima
Psyllium Husks
Powder
12 OZ

\$13.09