



# HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37  
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

Prices Good 01/01-01/26

## JANUARY SPECIALS



**Bulk**  
Organic  
Amaranth

**\$3.09**  
lb

**Greek Gods**  
Greek Yogurt  
Plain Traditional  
24 OZ



**\$5.59**

**Lifeway**  
Organic Low Fat  
Kefir  
Plain Unsweetened  
32 FL OZ



**\$6.55**



**Lightlife Foods**  
Smart Dogs  
12 OZ

**\$5.69**

**Lightlife Foods**  
Organic Tempeh  
Strips  
Original  
8 OZ



**\$4.79**



**Miso Master**  
Organic Miso  
Traditional Red  
16 OZ

**\$13.99**



**Cascadian Farm**  
Organic Frozen  
Fruit  
Blueberries  
8 OZ

**\$4.99**



**Cascadian Farm**  
Organic  
Frozen  
Garden Peas  
16 OZ

**\$4.99**

**Rudi's Rocky Mountain  
Bakery**  
Organic Bread  
Rocky Mountain  
Sourdough  
22 OZ



**\$6.09**



**Stahlbush Island  
Farms**  
Frozen Fruit  
Blueberries  
10 OZ

**\$6.39**

**Bob's Red Mill**  
Gluten Free  
Rolled Oats  
Old Fashioned  
32 OZ



**\$7.45**

**Angie's**  
Boomchickapop  
Kettle Corn  
Dark Chocolate  
Drizzled  
5.5 OZ



**\$3.55**

**Cascadian Farm**  
Organic Cereal  
Raisin Bran  
12 OZ



**\$5.75**



**Coombs Family  
Farms**  
Organic Maple  
Syrup  
Grade A Dark  
Color  
32 FL OZ

**\$29.09**



**Garden Of Eatin'**  
Blue Corn  
Tortilla Chips  
Sesame Blues  
5.5 OZ

**\$2.89**

SAVE 10% ON NON-SALE ITEMS WITH PURCHASES OF \$30 EVERYDAY



**Green Mountain Gringo**  
**Medium Salsa**  
 Pasilla & Jalapeno  
 16 OZ

**\$6.09**



**Imagine Foods**  
**Organic Soup**  
 Creamy Potato Leek  
 32 OZ

**\$4.95**

**Larabar**  
**Nutritional Bar**  
 Peanut Butter Cookie  
 1.7 OZ



**\$1.49**



**Maranatha Natural Foods**  
**Organic Peanut Butter**  
 No Stir Creamy  
 16 OZ

**\$5.49**



**Muir Glen**  
**Organic Tomato Sauce**  
 Regular  
 15 OZ

**\$2.89**



**Muir Glen**  
**Organic Pasta Sauce**  
 Tomato Basil  
 23.5 FL OZ

**\$4.59**



**Near East**  
**Rice Pilaf**  
 Original  
 6 OZ

**\$2.85**

**Orgain**  
**Organic Protein Bar**  
 Chocolate Chip Cookie Dough  
 1.41 OZ



**\$1.99**



**Spectrum Naturals**  
**Organic Extra Virgin Unrefined Olive Oil**  
 8 FL OZ

**\$8.95**



**Spectrum Naturals**  
**Organic Safflower Oil**  
 Refined  
 16 FL OZ

**\$7.79**



**Terra Chips**  
**Vegetable Chips**  
 Taro  
 5 OZ

**\$5.15**



**Thai Kitchen**  
**Organic Coconut Milk**  
 Unsweetened  
 13.66 FL OZ

**\$3.65**



**Udi's Gluten Free**  
**Gluten Free Granola**  
 Cranberry  
 11 OZ

**\$4.69**



**Glutino**  
**Gluten Free Pretzel Twists**  
 14.1 OZ

**\$4.69**



**Yerba Prima**  
**Great Plains Bentonite Detox**  
 16 OZ

**\$11.75**