



HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

Prices Good 12/01-12/29

DECEMBER SPECIALS



BULK DRIED FRUIT
Organic Coconut
Medium Shredded

\$3.55
lb



Bulk
Popping Corn

\$2.85
lb



Bulk
Organic
Rolled Oats

\$2.09
lb



Bubbies
Sauerkraut
25 OZ

\$9.39



Bubbies
Kosher Dill
Pickles
33 OZ

\$9.49



Immaculate
Baking
Organic
Cinnamon
Roll Dough
with Icing
17.5 OZ

\$8.45

Beyond Meat
Beyond
Ground Beef
1 LB



\$12.65



Food For Life
Organic
English
Muffins
7 Sprouted
Grains
16 OZ

\$6.39



Van's
International
Foods
Gluten Free
Waffles
Blueberry
9 OZ

\$4.89

Bionaturae
100% Organic
Tomatoes
Strained
24 OZ



\$3.99

Birch Benders
Organic Pancake
& Waffle Mix
Buttermilk
16 OZ



\$5.49

Bob's Red Mill
Flour, Whole
Wheat
5 LB



\$5.25

Bob's Red Mill
Gluten Free
Baking Flour
All-Purpose
44 OZ



\$7.95

Dr. Bronner's
Organic Magic
Chocolate Bar
Salted Dark
3 OZ



\$6.19

Dr. Bronner's
Organic Mocha
Latte Bar
2.93 OZ



\$6.19

SAVE 10% OFF ON NON-SALE ITEMS EVERYDAY WITH PURCHASES OF \$30 OR MORE!



Dr. Bronner's
Organic Virgin
Coconut Oil
Whole Kernel
14 FL OZ

\$12.25



Endangered Species
Chocolate
Dark Chocolate
Eagle-Owl Bar
Almond & Sea Salt
3 OZ

\$4.49



Endangered Species
Chocolate
Milk Chocolate Bar
48% Cocoa
3 OZ

\$4.49



Enjoy Life
Mini Chocolate
Chips
Semi-Sweet
10 OZ

\$6.89



Frontera Foods
Salsa
Roasted Tomato
16 OZ

\$3.95



Frontier Natural
Products Coop
Organic Vanilla
Extract
Pure
4 FL OZ

\$19.55



Frontier Natural Products
Coop
Organic Cinnamon
1.90 OZ

\$5.49



Garden Of Eatin'
Blue Tortilla
Chips
No Salt Added
16 OZ

\$5.75

Miltons
Gluten Free
Baked Crackers
Crispy Sea Salt
4.5 OZ

\$3.39



Mary's Gone
Crackers
Organic
Crackers
Original
6.5 OZ

\$4.99



Mary's Gone
Crackers
Organic Super
Seed Crackers
Basil & Garlic
5.5 OZ

\$4.99

Rw Knudsen Family
Sparkling Cider
Crisp Apple
750 ML

\$4.59



Rw Knudsen Family
Sparkling Juice
Cranberry
750 ML

\$4.59

Andalou Naturals
Rejuvenating
Age Defying
Mask
1.7 OZ

\$12.85



Yerba Prima
Psyllium
Whole Husks
Colon Cleanser
12 OZ

\$12.85