



# HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37  
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

Prices Good 11/01 - 11/26

## NOVEMBER SPECIALS



**Bulk**  
**Organic Coconut**  
Medium Shredded

**\$4.09**  
lb

**Brown Cow**  
**Cream Top**  
**Whole Milk**  
**Yogurt**  
Maple  
32 OZ



**\$5.45**



**Immaculate Baking**  
**Organic Biscuit**  
**Dough**  
Flaky  
16 OZ

**\$5.29**



**Miyoko's Creamery**  
**Organic Plant Milk**  
**Butter**  
Salted  
8 OZ

**\$6.49**

**Straus Family Creamery**  
**Organic Whole Milk**  
**Yogurt**  
Plain European  
Style  
32 OZ



**\$7.09**

**Alexia**  
**Frozen Crispy Fries**  
Rosemary with Sea  
Salt  
16 OZ



**\$6.35**



**Cascadian Farm**  
**Organic Frozen**  
**Garden Peas**  
16 OZ

**\$4.45**



**Cascadian Farm**  
**Organic Frozen Sweet**  
**Corn**  
16 OZ

**\$4.45**

**Daiya Foods Inc**  
**Flatbread**  
Chick'n Smoked Bac'n  
& Ranch Style  
11.7 OZ



**\$6.95**



**Tofurky**  
**Giblet Gravy**  
100% Vegan  
14 OZ

**\$7.45**

**Arrowhead Mills**  
**Organic Flour**  
All Purpose  
5 #



**\$8.15**

**Better Than Bouillon**  
**Vegan Bouillon**  
No Chicken Base  
8 OZ



**\$5.59**

**Birch Benders**  
**Organic Pancake &**  
**Waffle Mix**  
Buttermilk  
16 OZ



**\$4.65**

**Coombs Family Farms**  
**Organic Maple**  
**Syrup**  
Grade A Dark Color  
32 FL OZ



**\$29.45**



**Enjoy Life**  
**Chocolate Morsels**  
Dark  
9 OZ

**\$8.79**

SAVE 10% ON ALL NON-SALE ITEMS WITH PURCHASES OF \$30 OR MORE EVERYDAY!

Farmer's Market  
100% Organic  
Pumpkin Puree  
15 OZ



**\$3.59**



Garden Of Eatin'  
Blue Corn  
Tortilla Chips  
5.5 OZ

**\$3.25 \$4.09**



Imagine Foods  
Organic  
Chicken  
Broth  
Free Range Low  
Sodium  
32 FL OZ



Kettle Brand  
Potato Chips  
Parmesan Garlic  
5 OZ

**\$3.85**



Late July Snacks  
Tortilla Chips  
Mexican Street Corn  
7.8 OZ

**\$4.39**

Late July Snacks  
Organic  
Multigrain  
Tortilla Chips  
Sea Salt & Lime  
10.1 OZ

**\$4.39**



Muir Glen  
Organic  
Tomato Sauce  
Regular  
15 OZ

**\$1.95**



Muir Glen  
Organic Pasta  
Sauce  
Tomato Basil  
23.5 FL OZ

**\$3.49**

Primal Kitchen  
Avocado Oil  
16.9 FL OZ

**\$11.49**



Simply Organic  
Organic Vanilla  
Extract  
Pure  
4 FL OZ

**\$18.39**



Spectrum Naturals  
Organic Extra  
Virgin Olive  
Oil  
Mediterranean  
32 FL OZ

**\$16.09**



Theo Chocolate  
Organic Dark  
Chocolate Bar  
85% Pure  
3 OZ

**\$3.95**



Vegan Rob's  
Probiotic  
Puffs  
Cauliflower  
3.5 OZ

**\$3.55**



Kyo\*Dophilus  
Daily Probiotic  
Immune & Digestive  
Support  
90 CAP

**\$18.79**



Natrol  
Melatonin  
5mg Fast  
Dissolving  
90 TAB

**\$9.99**