



HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

PRICES GOOD 10/01-10/26

OCTOBER SPECIALS



Kite Hill
Almond Milk
Yogurt
Blueberry
5.3 OZ

\$2.29



Immaculate Baking
Organic
Crescent Roll
Dough
8 OZ

\$3.09



Lightlife Foods
Smart Bacon
5 OZ

\$4.45



Amy's
Cheese Pizza
Made With Organic
Ingredients
13 OZ

\$9.89



Field Roast
Plant-Based
Roast
Hazelnut &
Cranberry
2 LB

\$22.39



Rao's
Meat Lasagna
8.9 OZ

\$5.55

Straus Family Creamery
Organic Ice
Cream
Vanilla Bean
PINT



\$5.59



Tofurky
Vegetarian
Ham Style
Roast
With Extra Special
Beer Glaze
19 OZ

\$15.55



Annie Chun's
Noodle Bowl
Japanese-Style
Teriyaki
7.8 OZ

\$3.85

Annie's Homegrown
Macaroni & Cheese
Shells & White Cheddar
6 OZ



\$2.29

Annie's Naturals
Organic
Dressing
Goddess
8 FL OZ

\$4.39



Annie's Naturals
Vinaigrette
Tuscany Italian
8 FL OZ

\$3.75



Barbara's
Cheese Puffs
Original
7 OZ



\$2.85



Cascadian Farm
Organic Cereal
Honey Nut O's
9.5 OZ

\$4.59

Crofters
Organic
Premium Spread
Strawberry
16.5 OZ



\$5.15

SAVE 10% EVERYDAY ON ALL NON-SALE ITEMS WITH PURCHASES OF \$30 OR MORE



**Endangered Species
Chocolate
Dark
Chocolate
Panther Bar**
88% Cocoa
3 OZ

\$3.15



**Frontera Foods
Mild Salsa**
Roasted Tomato
16 OZ

\$3.49



**Garden Of Eatin'
Tortilla Chips**
Red Hot Blues
5.5 OZ

\$2.65



**Glutino
Gluten Free
Pretzel Twists**
14.1 OZ

\$5.49



**Kind
Mixed Nuts Bar**
Dark Chocolate, Nuts & Sea
Salt
1.4 OZ

\$1.75

**Midel
Ginger Snaps**
10 OZ

\$4.35



**Organic Valley
Organic
Clarified Ghee
Butter**
13 OZ



\$14.39



**R.W. Knudsen
Sparkling Apple
Juice**
Cider & Spice
25.4 FL OZ

\$3.45



**Rao's
Chicken Noodle
Soup**
16 OZ

\$4.79

**Thai Kitchen
Organic Coconut
Milk**
Unsweetened
13.66 FL OZ



\$3.59

**Bulk Organic
Yellow
Popping
Corn**



\$1.65
lb



**Westbrae Natural
Organic Black
Beans**
No Salt Added
15 OZ

\$2.59

**Virgil's
Vanilla
Cream Soda**
Zero Sugar
12 FL OZ



\$1.09
ea

**Swiss Kriss
Herbal Laxative
Flake Form**
3.25 OZ



\$7.99



**Country Save
Laundry
Detergent**
5 LB

\$10.25