



HEALTHWAYS II

67-1185 Mamalahoa Hwy F-37
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

PRICES GOOD 9/01-9/26

SEPTEMBER SPECIALS

A2 Milk
Whole Milk
A1 Protein Free
59 FL OZ



\$4.99

Bubbies
Pickles
Bread & Butter Chips
33 OZ



\$9.99

Califia Farms
Oatmilk
Original
48 FL OZ



\$5.25



Daiya Foods Inc
Dairy Free
Slices
Cheddar Style
7.8 OZ

\$4.85

Lifeway
Organic Low Fat
Kefir
Plain
32 FL OZ



\$5.75



Lightlife Foods
Jumbo Smart
Dogs
Meatless Veggie Hot
Dogs
13.5 OZ

\$4.75



Organic Valley
Organic Raw
Cheddar
Cheese
Sharp
8 OZ

\$6.39

Alexia
Frozen Crispy
Fries
Rosemary with Sea
Salt
16 OZ



\$4.45



Cascadian Farm
Organic
Frozen
Strawberries
10 OZ

\$4.95



Food For Life
Organic
Sprouted
Grain Bread
Ezekiel 4:9
24 OZ

\$5.99



Stahlbush Island Farms
Frozen
Vegetables
Green Peas
10 OZ

\$3.19

Angie's
Boomchi
ckpop
Popcorn
Sea Salt
4.8 OZ



\$3.19



Annie's Homegrown
Deluxe Mac &
Cheese Shells
Creamy Cheddar
11.3 OZ

\$3.49

Barbara's
Organic
Cereal
Honey Nut
10 OZ

\$4.59



Bragg
Apple Cider Vinegar
Cinn Refresh
16 FL OZ



\$3.09

SAVE 10% EVERYDAY ON NON-SALE ITEMS WITH PURCHASES OVER \$30



**Bulk
Organic
Pumpkin
Seeds**
size

\$4.19
lb



**Coombs Family Farms
Organic Dark
Maple Syrup**
Grade A
8 FL OZ

\$6.85

**Garden Of Eatin'
Tortilla Chips**
Blue Corn
16 OZ



\$5.15



**Kettle Brand
Organic
Potato Chips**
Sea Salt
5 OZ

\$3.25



**L & A Juice
Juice**
Pineapple
Coconut
32 FL OZ

\$4.29



**Late July Snacks
Organic
Potato Chips**
Sour Cream/Onion
5 OZ

\$3.45



**Lundberg Family Farms
Rice Chips**
Sea Salt
6 OZ

\$2.65



**Muir Glen
Organic Pasta
Sauce**
Italian Herb
25.5 FL OZ

\$3.79

**Native Forest
Organic Coconut
Milk**
Unsweetened Simple
13.5 FL OZ



\$2.75



**Pacific Foods
Organic Soup**
Thai Sweet Potato
17 OZ

\$3.69

**Santa Cruz Organic
Organic Fruit
Spread**
Strawberry
9.5 OZ



\$3.65



**Santa Cruz Organic
Organic Peanut
Butter**
Dark Roasted
Crunchy
16 OZ

\$5.49



**Spectrum Naturals
Organic
Sunflower Oil**
16 FL OZ

\$5.75

**Terra Chips
Plantain Chips**
Sea Salt
5 OZ



\$3.45



**Avalon Organics
Revitalizing
Shampoo**
Peppermint
11 FL OZ

\$8.39