



# HEALTHWAYS II

67-1185 Mamelahoa Hwy F-37  
Kamuela, HI • 808-885-6775

No additional discounts on sale items. We reserve the right to limit quantities. No sales to dealers. Some quantities are limited.

Prices Good 11/01- 11/27

## NOVEMBER SPECIALS



**Field Roast  
Hazelnut  
Cranberry  
Roast  
En Croute**  
2 LB

**\$24.15**



**Tofurky  
Vegetarian  
Feast  
Holiday**  
3.5 LB

**\$30.99**



**Cascadian Farm  
Organic Frozen  
Vegetables  
Sweet Corn**  
16 OZ

**\$3.45**



**Cascadian Farm  
Organic Frozen  
Vegetables  
Sweet Peas**  
16 OZ

**\$3.45**



**Cascadian Farm  
Organic Frozen  
Green Beans  
Cut**  
16 OZ

**\$3.45**



**Miyoko's Creamery  
Organic  
Vegan Butter  
Hint of Sea Salt**  
8 OZ

**\$6.85**



**Meyenberg  
Goat Milk  
Butter  
European Style**  
8 FL OZ

**\$7.99**



**Immaculate Baking  
Organic  
Cinnamon  
Roll Dough  
with Icing**  
17.5 OZ

**\$4.15**



**Farmer's Market  
Organic  
Pumpkin  
Pie Mix**  
15 OZ

**\$2.79**

**Farmer's Market  
Org  
Cranberry  
Sauce**  
15 OZ



**\$2.79**

**Better Than  
Bouillon  
Organic  
Bouillon  
Vegetable  
Base**  
8 OZ



**\$4.99**



**Purity Farms  
100% Organic  
Ghee Clarified  
Butter**  
7.5 OZ

**\$9.75**

**Imagine Foods  
Organic Chicken  
Broth  
Low Sodium**  
32 FL OZ



**\$3.15**

**R.W. Knudsen  
Sparkling Juice  
Cranberry**  
750 ML



**\$3.19**

**Simply Organic  
Organic  
Cinnamon**  
2.45 OZ



**\$4.95**

SAVE 10% ON ALL NON-SALE ITEMS WITH PURCHASES OF \$30 OR MORE EVERYDAY!



**Back To Nature**  
**Organic**  
**Crackers**  
All Varieties

**\$3.45**

**Bulk**  
**Granola**  
**Wild**  
**Blueberry**



**\$3.75**  
lb



**Wholesome**  
**Organic Sugar**  
Unrefined, Milled  
1 LB

**\$3.39**

**Bulk**  
**Organic**  
**Yellow**  
**Popping Corn**



**\$1.39**  
lb



**R.W. Knudsen**  
**Apple Juice**  
Cider & Spice  
32 FL OZ

**\$3.19**



**Spectrum Naturals**  
**Organic**  
**Safflower Oil**  
Refined  
16 FL OZ

**\$5.55**



**Coombs Family Farms**  
**Organic Maple**  
**Syrup**  
Grade A Dark Color  
32 FL OZ

**\$27.45**



**Kettle Brand**  
**Potato Chips**  
All Flavors  
Not Organic or  
Baked  
5 OZ

**\$2.79**



**Dr. Bronner's**  
**Organic**  
**Regenerative**  
**Coconut Oil**  
Virgin Unrefined  
30 FL OZ

**\$17.99**



**Spectrum Naturals**  
**Organic Olive Oil**  
**Cooking Spray**  
5 FL OZ

**\$5.75**

**Spectrum Naturals**  
**Organic**  
**Shortening**  
All Vegetable  
24 OZ



**\$6.49**

**Let's Do Organic**  
**100% Organic**  
**Shredded**  
**Coconut**  
Unsweetened  
8 OZ



**\$3.09**



**Similasan**  
**Eye Drops**  
All Varieties  
.33 FL OZ

**\$9.99**



**Ecover**  
**Zero Dish Soap**  
Fragrance Free  
25 FL OZ

**\$3.99**



**Sai Baba**  
**Incense**  
Satya Sai Baba Nag  
Champa  
15 GRM

**\$2.09**